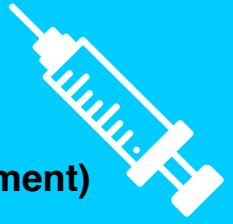


# My covid-19 vaccination appointment Allander Leisure Centre



(Remember – you can take a parent or carer with you to your appointment)



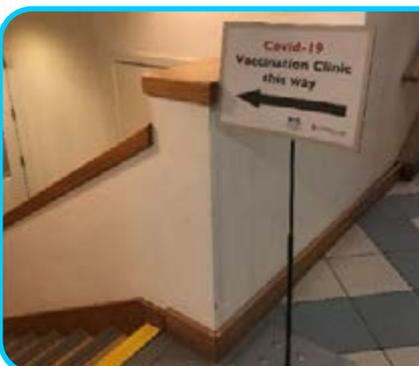
You should turn up at the leisure centre no more than 5 minutes before your appointment



You can sanitise your hands in the reception area



There are toilets on your left



Walk towards the stairs then turn left down the extra stairs



If you need to use the lift you can ask staff to help you



Staff are wearing bright yellow jackets  
They can answer any questions you have



At the bottom of the stairs is the main hall



Staff will ask you to walk to your left  
There are signs which have arrows to show you



You need to walk down a small ramp  
If you need any help then ask staff



They will ask you to stand in front of a table

You should tell them your name and date of birth



They will ask you to stand on some yellow and black sellotape on the floor

Wait here until you are asked to sit at a table



The nurse will ask you some questions

If you don't understand then just tell them and they will try to help



You will get an injection at the top of your arm

It might sting a little bit but it won't last long



They will ask you to sit on some chairs for 15 minutes before you leave

If you don't feel well then you should tell the staff so they can help



When you are ready to leave, walk up the ramp on the left hand side

Ask staff if you need any help



Walk towards staff at the exit

Follow the path round to the front of the building where you entered

**Well done, you just had your first Coronavirus vaccination!**

You will need to come back for a second vaccination in a few months, but the same thing will happen again.