

Useful numbers

East Dunbartonshire Alcohol and Drugs Service: 0141 232 8211

For Families:

Scottish Families Affected: 0798 620 5358

Glasgow Council on Alcohol: 0141 353 1800

Helplines:

Breathing Space: 0800 83 85 87

Samaritans: 08457 90 90 90

Drink Line: 0800 7314 314 or 0800 717 8282

Alcoholics Anonymous: 08457697555

Other formats

This document can be provided in large print, Braille or on CD and can be translated into other community languages. Please contact the Council's Communications Team at:

East Dunbartonshire Council, 12 Strathkelvin Place, Southbank,
Kirkintilloch, G66 1TJ Tel: 0300 123 4510

本文件可按要求翻譯成中文，如有此需要，請電 0300 123 4510。

اس دستاویز کا اردو تراجم کیا جاسکتا ہے۔ براہ مہربانی فون نمبر 0300 123 4510 پر رابطہ کریں۔

ਇਸ ਦਸਤਾਵੇਜ਼ ਦਾ ਮੰਗ ਕਰਨ ਤੇ ਪੰਜਾਬੀ ਵਿੱਚ ਅਨੁਵਾਦ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ। ਕਿਰਪਾ ਕਰਕੇ 0300 123 4510 ਫੋਨ ਕਰੋ।

Gabhadh an sgrìobhainn seo cur gu Gàidhlig ma tha sin a dhìth oirbh. Cuiribh fòn gu 0300 123 4510

असुबोध करने पर यह दस्तावेज हिन्दी में भाषांतरित किया जा सकता है। कृपया 0300 123 4510 पर फोन कॉल करें।

East Dunbartonshire Alcohol & Drugs Service

East Dunbartonshire Alcohol & Drugs Service

Our aim is to assess the needs and support adults experiencing alcohol or drug problems. We are a multi-disciplinary team including nurses, social workers and addiction workers with access to medical staff, psychiatrists, psychology and occupational therapy.

Service hours:

Monday to Friday 9am-5pm.

We have clinics in Kirkintilloch, Milngavie and Lennoxton (Milngavie and Lennoxton by appointment only).

You can self-refer by telephone, walk in to the KHCC (afternoons only), or request a GP referral.

Home visits and Evening appointments are available after assessment if required.

You will be offered an individual appointment of about an hour to assess your needs.

You are welcome to bring a friend or family member to your initial assessment appointment.

As this is a joint health and social work service, consent to share information will be fully discussed with you in order to assess your needs.

A support plan will be agreed with you.

After assessment you will be allocated a worker to progress your care and treatment plan, where the following services may be available to you if appropriate.

Services available:

- **Alcohol/drugs assessment**
- **Mental and/or physical health assessment**
- **Home alcohol detoxification**
- **Opioid Replacement Therapy**
- **Alcohol care and treatment**
- **Harm reduction services (Naloxone, needle replacement)**
- **Referral to hospital based alcohol/drugs services**
- **Psycho-social interventions**
- **Assertive outreach services**
- **Support with social care issues**
- **Support to vulnerable adults**
- **Access to community recovery services for example community rehabilitation services and SMART groups**
- **Specialist support for pregnant women and parents of young children**

Children and Families

Children can also be affected by parent or carer alcohol/drug use. We have a duty to enquire about children who you have caring responsibilities for. We can discuss this fully with you at your initial appointment.

Your Family can contact to Scottish Families Affected or Glasgow Council on Alcohol for individual and group support.