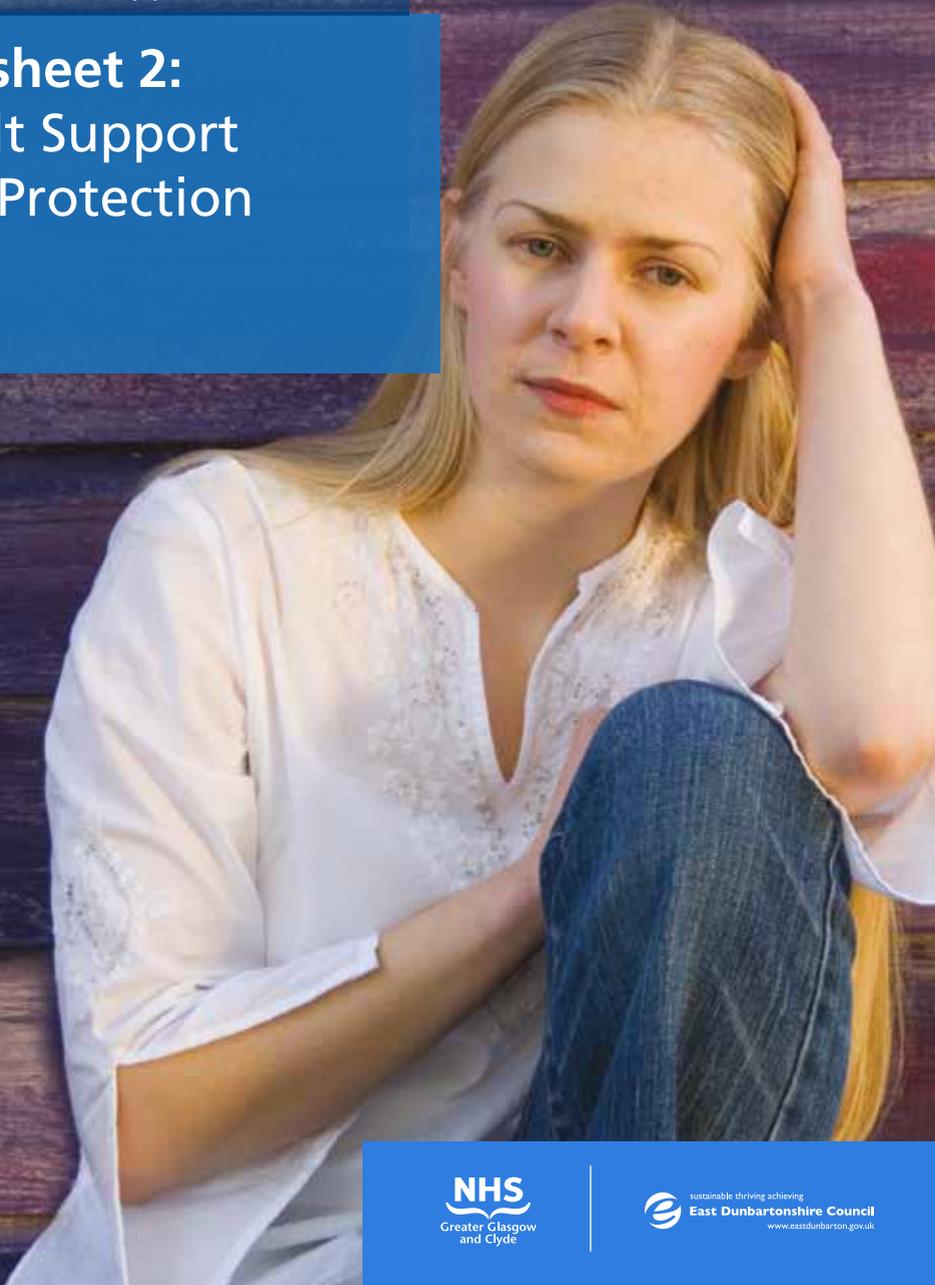


Self Directed Support

Factsheet 2: Adult Support and Protection



Here in East Dunbartonshire we (the Council) work together with other agencies such as the Police; Health; Voluntary and Support Provider Organisations to share information to support and protect adults at risk of harm or neglect. There is a law which helps us to do this. It is called the Adult Support and Protection (Scotland) Act 2007.

It is extremely important that people know about adult support and protection and understand what the different types of harm may involve.

This leaflet is part of our Self Directed Support information pack and tells you about who may be at risk of harm; what kinds of harm may occur; and what you can do to help.

There are contact phone numbers at the end of the factsheet.

Who is an 'Adult at Risk of Harm'?

For an individual to be an adult at risk of harm, they have to be aged 16 and over and unable to protect themselves from harm, exploitation or neglect because of a:

- Disability
 - Mental Disorder
 - Illness
 - Physical or mental infirmity
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What is 'Adult Support and Protection'?

Everyone has the right to live as they wish without fear of harm; exploitation; or neglect. The Adult Support and Protection Act gives adults at risk of harm the right to support and protection which will help keep them safe.

What do we mean by 'Harm'?

This is all behaviour which is harmful. Some examples of this are:

- Physical: hitting, slapping, pushing, shaking, locking someone in a room, tying someone to a chair, restricting their freedom
 - Psychological: threats of harm, humiliation, intimidation, causing distress, verbal abuse, bullying, constant criticism, controlling contact with others
 - Neglect: failure to provide medical or physical care, privacy or dignity, or access to a doctor, medication, food or heating. This includes self neglect
 - Financial: stealing, fraud, pressure to hand over money or property, misuse of property or welfare benefits or stopping someone getting their money or belongings
 - Sexual: any sexual activity that the person does not understand or want, photographing, sexual harassment
 - Information: withholding information or advice about rights or entitlements
 - Discrimination: harassment or ill treatment because of someone's age, gender, sexuality, disability, ethnicity, religion
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When is harm more likely to happen?

Harm is more likely to happen when someone is:

- Isolated
- Depending on others for care/support
- Not being able to make their own decisions
- Where they have been harmed before

Who can cause harm?

Anyone, including family members and paid care staff, and it can happen anywhere e.g. in someone's own home, a day centre, care home and hospital.

What can you do?

If you are worried that you are at risk of harm or suspect that someone else (adult or child) is at risk, it is important to tell someone. Remember, the person who is causing the harm may be doing this to others as well. The person who is being harmed may not be able to report it themselves.

Who should I contact?

In an emergency, telephone the Police on **999**.

Otherwise, you should phone East Dunbartonshire Council's Adult Intake Team on **0141 355 2200**.

Out of hours, please phone the Contact Centre on **0345 1234510**.

You can also speak to any doctor or health worker. They will listen to you and take your concerns seriously.

What happens next?

Whatever you tell us will be treated with sensitivity. You will be asked for details about the person you are worried about and about the person you think is harming them. We will look very carefully at the situation and the help given will depend on the circumstances and wishes of the person you are worried about.

What if I am the adult at risk?

We will listen to you and take all your concerns very seriously. We will look at what support and protection you might need to keep yourself safe. Where we need to take action to keep you safe, we will share your information with other agencies which can help you. Sometimes, this might happen at a meeting called a case conference which you will be invited to attend. We will keep you up to date with everything that is happening. If and when you want us to, we will help you to get support from a local independent advocacy service, Ceartas Advocacy, that can help you to represent your views and wishes about what should happen next.

What if I am worried about a child?

In an emergency, phone the Police on **999**.

You can also phone the Council's Children and Families' Advice and Response Team on **0141 777 3000**. Out of hours, please phone the Contact Centre on **0345 1234510**.

East Dunbartonshire Council contact details

Tel: **0345 1234510**

Web: www.eastdunbarton.gov.uk/content/social_care_and_health/help_for_adults/adults_at_risk_of_harm.aspx

Contact Information

Adult Community Care Team
10 Saramago Street,
Kirkintilloch, Glasgow
G66 3BF
Tel: 0141 355 2200

Children and Families Team
Social Work Headquarters, Southbank House,
Southbank Business Park,
Kirkintilloch, Glasgow
G66 1XQ
Tel: 0141 777 3000

Care at Home Team
10 Saramago Street,
Kirkintilloch, Glasgow
G66 3BF
Tel: 0141 578 2101

Take Ctrl – East Dunbartonshire
Enterprise House, Southbank Business Park,
Kirkintilloch, Glasgow G66 1XQ
Tel: 0141 776 2219

CEARTAS Advocacy Service
Suite 5 – 7, McGregor House, Donaldson Crescent,
Kirkintilloch, Glasgow
G66 1XF
Tel: 0141 775 0433
Website: www.ceartas.org.uk
Facebook: www.facebook.com/ceartasadvocacy

Carers Link
Milngavie Enterprise Centre, Ellangowan Court,
Milngavie, Glasgow
G62 8PH
Tel: 0800 9752131 or 0141 955 2131
Email: enquiry@carerslink.org.uk
Website: www.carerslink.org.uk

Other Formats and Translations

This document can be provided in large print, Braille or onto CD and can be translated into other community languages. Please contact the Council's Corporate Communications Team at 12 Strathkelvin Place, Kirkintilloch, Glasgow G66 1TJ Tel: 0300 123 4510

本文件可按要求翻譯成中文，如有此需要，請電 0300 123 4510。

اس دستاویز کا درخواست کرنے پر (اردو) زبان میں ترجمہ کیا جاسکتا ہے۔ براہ مہربانی فون نمبر 0300 123 4510 پر رابطہ کریں۔

ਇਸ ਦਸਤਾਵੇਜ਼ ਦਾ ਮੰਗ ਕਰਨ ਤੇ ਪੰਜਾਬੀ ਵਿੱਚ ਅਨੁਵਾਦ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ। ਕਿਰਪਾ ਕਰਕੇ 0300 123 4510 ਫੋਨ ਕਰੋ।

Gabhaidh an sgrìobhainn seo cur gu Gàidhlig ma tha sin a dhìth oirbh. Cuiribh fòin gu 0300 123 4510

अनुसोध करने पर यह दस्तावेज हिन्दी में भाषांतरित किया जा सकता है। कृपया 0300 123 4510 पर फोन कीजिए।