

Self-Directed Support – Glossary – What do Words/Acronyms/Phrases Mean?

The following tells you what some of the words, acronyms and phrases mean that you may hear or read as Self-Directed Support is implemented:

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| Assessment | A process for deciding what your goals, aspirations and support need are. The assessment is a process which involve you, your care manager, and may also include your carer, family or friends. |
| Carer | Someone that is not paid to support you. This could be a family member, friend or neighbour. |
| Direct Payment | This is money that is paid to you to direct your support instead of receiving Council arranged support. This money is paid into a separate Direct Payment bank account. |
| Eligibility Criteria | The Council uses this to base decisions on whether or not an individual is entitled to services/funding. |
| Individual Budget (IB) | The IB is the agreed amount of money that it will cost to meet your Support Plan outcomes. Your IB will include money from the Council and any financial contribution that you may need to make. |
| Outcomes | A desired goal that has been identified during your Assessment process. |
| Personal Assistant (PA) | A PA is someone you employ to help you with a range of tasks to support you to achieve your goals. |
| SDS | This stands for Self-Directed Support. Individual or combined options that you decide to use to support you in your daily life. |
| Service User | The customer, the person who seeks advice/support/assistance from East Dunbartonshire Council. |
| Support Plan | A plan drawn up by you with your Care Manager to show how you will meet your outcomes and how you intend to spend your Individual Budget. |